



Taekwondo NB Inc.
9 Dobson Lane
Rothesay, NB
E2E – 2A2
(506) 847-4237
tkdnb@nb.sympatico.ca
www.tkdnb.ca

2010 NB Black Belt Provincial Games

Dear Masters, Instructors and Students,

Taekwondo NB is pleased to invite you to the 4th annual New Brunswick Provincial Games, on Saturday, November 13th, 2010 at the Dieppe Community College in Dieppe.

You must be either a Black Belt or be eligible to participate at the 2011 Senior or Junior National Championships. This event consists of a Poomsae & Sparring competition & will be held at the Dieppe Community College.

To compete in this event you must be a member of TKDNB or a member in good standing of another provincial organization. You may compete at any weight regardless of what Division you are at Nationals. That is, you are **not required** to make your desired National weight at the Provincials.

There will be a pre-registration or registration at the door.

Registration may be filled out and mailed with the appropriate payment to the TKDNB secretary. Please forward the applications to:

TKDNB
c/o Allan Morris
9 Dobson Lane
Rothesay, NB
E2E 2A2

Registration cost is \$35 per competitor if they pre-register for. Registrations accepted at the door will be \$45. The deadline for pre-registration applications is November 6, 2010. All cheques are to be made payable to Taekwondo NB. There is no additional registration fee to participate in multiple events. One registration fee for the day.

It is also with great pleasure that we invite you to the inaugural TKDNB Awards Dinner & Social.

This event will be held at the Ramada Crystal Palace Hotel & Convention Center & will include a meet & greet, this is the first TKDNB awards presentation & dinner. The evening will conclude with a social & dance!

Awards up for nomination include:

Male Junior Athlete of the Year;
Female Junior Athlete of the Year;
Male Senior Athlete of the Year;
Female Senior Athlete of the Year;
Coach of the Year;
Instructor of the Year;
School of the Year;
Builder



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Be sure to get your nominations in quickly & no later than October 15!

All members in good standing of TKDNB are eligible to be nominated.

Send all nominations to Allan Morris at tkdnb@nb.sympatico.ca

Tickets can be purchased for \$40/person and can be ordered by contacting Glenn Hale at glennhale@rogers.com Please confirm your attendance to the awards presentation, dinner & social to Glenn no later than October 15. All additional tickets need to be purchased by this date as well.

All members of TKDNB (& spouses/partners/parents) are invited & encouraged to attend!

All individuals from out of province are also invited to this great event! As well, for those TKDNB members, there will be an Annual General Meeting held the next day, Sunday the 14th of November, at the hotel at 1:00 PM. Any member can attend this meeting and all school head instructors are encouraged to attend. Only those members holding the votes for their respective school will be able to speak at this meeting but all are welcome to attend. Out of province members are not eligible to attend this meeting.

We have a number of rooms reserved at Ramada Crystal Palace Hotel & Convention Center for \$139.95/night. Simply mention TKDNB when booking your room at (800) 561-7108 or (506) 858-8584. These rooms are held & the rate guaranteed until October 12. Be sure to book early to avoid disappointment!

This should prove to be an exciting weekend for taekwondo in New Brunswick & your support is greatly appreciated.

If you have any questions, please feel free to contact Allan Morris, John Thorley or Glenn Hale at your convenience.

We look forward to seeing everyone there.

Sincerely,

J. Allan Morris
Secretary/Treasurer
Taekwondo NB Inc.



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2010 NB PROVINCIALS ITENERARY

Saturday November 13, 2010

- 8:30AM – 9:30AM – Competition registration, weigh-ins
- 9:00AM – Referee Meeting
- 9:30AM – Coaches Technical Meeting
- 9:30AM – Draws
- 10:00AM – Competition begins (Poomse first)

Saturday November 13, 2010 Awards Banquet & Social

- 6:00PM – 7:00PM – Meet and Greet
- 7:00PM – 9:00PM – Dinner and Awards presentations
- 9:00PM – 1:00AM – Social and Dance

EQUIPMENT REQUIREMENTS

ALL COMPETITORS MUST HAVE:

- Chest protector (For A and Senior Competitors E-Trunk Protectors are provided)
- Headgear
- Forearm pads
- Shin pads
- Groin protector
- Mouthgaurd
- Hand protectors
- Foot Protector (For Jr A and Senior you must have your own E-Socks, to purchase these socks you can contact Allan Morris (tkdnb@nb.sympatico.ca) or Jamie Delisle (jamedelisle@yahoo.com) to purchase your socks. The cost is \$65 a pair and must be worn to compete at this event. No socks will be provided and their will be limited supply on hand at the event to purchase.

*All pads except chest protector must be worn underneath uniform. Only white uniforms will be permitted to compete in. Mouth guards are mandatory. Students without proper equipment may be disqualified.

WTF RULES WILL BE IN EFFECT.

- * **Head contact will be for Jr B, A and Senior divisions only.**
- * **Two / 2 min / rounds, with (one minute rest).**
- * **FINALS Black Belts Two / 2 min / rounds (one min rest).**



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PROVINCIALS

A TKD NB SANTIONED EVENT

SPARRING REGISTRATION FORM

Cost: \$35.00 (pre-registration only. \$45 additional at the door)

All appropriate sections of this form **must be completed in full.**

Name: _____ **Year of Birth** _____

TKD School _____

Phone: _____

Instructor: _____

School location: _____

Sparring ()

I _____ recognize that WTF Taekwondo is a contact sport, and that such participation in WTF Taekwondo can result in physical injury. As such, I hereby assume all responsibility for any injuries that I may incur as a result of participating in the NB PROVINCIALS WTF Taekwondo Tournament. Furthermore, I hereby release the instructors, owners assistants and BOARD MEMBERS Taekwondo NB Inc. from all responsibilities and all claims for injuries which I may receive from participating in the PROVINCIAL Taekwondo Tournament.

Signature (Under 18 parent or guardian signature)

Date



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PROVINCIALS

A TKD NB SANTIONED EVENT

POOMSE REGISTRATION FORM

Cost: \$35.00 (pre-registration only. \$45 at the door)

All appropriate sections of this form must be completed in full.

Name: _____ **Year of Birth** _____

TKD School _____

Phone: _____

Instructor: _____

School location: _____

Individual Poomse ()

Team Poomse ()

Group Poomse () (The group must consist of no less than 4 no more than 5 members)

I _____ recognize that WTF Taekwondo is a contact sport, and that such participation in WTF Taekwondo can result in physical injury. As such, I hereby assume all responsibility for any injuries that I may incur as a result of participating in the NB PROVINCIALS WTF Taekwondo Tournament. Furthermore, I hereby release the instructors, owners assistants and BOARD MEMBERS Taekwondo NB Inc. from all responsibilities and all claims for injuries which I may receive from participating in the PROVINCIAL Taekwondo Tournament.

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