



Taekwondo NB Inc.  
9 Dobson Lane  
Rothesay, NB  
E2E - 2A2  
(506) 849-0454  
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[www.tkdnb.ca](http://www.tkdnb.ca)

## **Shin Lim and Ivett Gonda Seminar**

Dear members,

TKDNB is bringing in Olympic coach Master Shin Lim and Olympian Ivett Gonda on October 16<sup>th</sup> and 17<sup>th</sup>, 2010. These two will be putting on an athlete training seminar from 1PM to 4PM on both Saturday the 16<sup>th</sup> and Sunday the 17<sup>th</sup> of October, 2010. The material covered over the two days will help you better understand what it takes to train and become a top ranked athlete in the sport of taekwon do.

Master Shin Lim and Ivett Gonda are from Port Moody, BC and are two of the more well known coach and athlete in the country. Master Shin Lim has represented Canada numerous occasions as a national team coach and also during the last Summer Olympic Games in 2008. Miss Ivett Gonda has been the topped rank female competitor for TKD Canada for numerous years and represented Canada at the Summer Olympics in 2004 and 2008.

These two individuals are being brought in for your benefit to learn and train with one of the best coaches and best athletes of our decade. This seminar will be at the provincial training center (St. Pat's Family Center) and will be open to anyone that is blue belt and above. For those that are TKDNB members, this 2 day seminar will be offered to you for \$50. For any non members the 2 day seminar will cost you \$75. The fee is for two days or one. The seminar will be spread out over 2 days so you will not learn the same thing both days. Please bring uniform and all equipment with you to the seminar.

Please complete the attached registration form and have your payment with the form at the event. Personal checks, certified checks or money orders can be made payable to Taekwondo NB Inc.

If you have any question about this seminar please contact myself Allan Morris at [tkdnb@nb.sympatico.ca](mailto:tkdnb@nb.sympatico.ca) or (506) 849-0454

Sincerely;

J. Allan Morris  
Secretary/Treasurer  
Taekwondo NB Inc.



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## **Application Form**

Name: \_\_\_\_\_

School: \_\_\_\_\_

Belt: \_\_\_\_\_ Age: \_\_\_\_\_

TKDNB member    Yes    No

I, \_\_\_\_\_, understand that during this seminar there is physical contact being made that may or may not result in injury. I agree to not hold TKDNB liable for any injury incurred during this event. I understand that Taekwondo is a contact sport and injuries may result from the training methods used to teach. I assume all risks in attending this seminar and will not pursue any legal action toward the instructors at the seminar or the host TKDNB. I agree to this as per my signature below.

\_\_\_\_\_  
Signature (parent or guardian if under the age of 18)

\_\_\_\_\_  
Date

\_\_\_\_\_  
(Name Print neatly please)